
SEPTEMBER 2017: *Welcome back!*

The Family Connections Program

Family Connections Counselor: Brittany Galanti, L.S.W.

Contact Mrs. Jeanne Costello, 215-632-1342, to express your interest or contact Brittany Galanti, 267-225-0536 directly to set up your first appointment.

Brittany.galanti@catapultlearning.com
Monday-Friday 8:00am-4:00pm

The Family Connections Program provides families with;

- **education,**
- **counseling (individual and groups)**
- **consultation, and**
- **supportive services.**

Family Connections is designed to enhance your child's academic performance.

It is a Title I funded program that is brought to school and managed by Catapult Learning, Inc.

Family Connections FAQ's

What exactly does a FC counselor do?

An FC counselor is a regular school counselor but with a family focus. **He/she can provide counseling, help you obtain community resources, assist you in developing a new skill set and/or work with you on almost anything that will increase your child's ability to succeed at school.** Is your family in need of a bit of extra help, new ideas, or an objective set of ears? Just ask! Your FC counselor is here for you.

How does my family or child get referred to the FC counselor?

Children and families can be referred to the FC counselor by the school principal, or by a teacher.



Dear families,

My name is Brittany Galanti. I am your new Family Connections Counselor. I am excited to be a part of your school community.

To me, family is everything. It is from where we learn about who we are and how we fit into this world. Within our families, we experience our greatest joys and our biggest setbacks. At times, family life can run smoothly or with ease. Yet at other times, it can be most challenging.

It is my hope that I can use my educational, and professional background in counseling and social work to join your family's journey in a supportive and mutual partnership in which we build on your existing strengths to gain the skills and resources necessary to maximize your child's academic experience.

I look forward to serving you,

Brittany Galanti, LSW

Parents and guardians can also self-refer by contacting the FC Counselor by phone or email, brittany.galanti@catapultlearning.com, or by phone, 267-225-0536.

If my child, family members, or entire family go to see the FC Counselor, where do we go?

The FC Counselor has been given a space in the hallway by Mrs. Costello's office to work with families. The FC counselor will meet you just outside of the school office to show you the location of the FC. The FC counselor meets with individuals in her designated space and facilitates groups in classrooms and other locations in the school.

When is the FC Counselor available to meet with children and families?

The FC counselor is present at the school to meet with children and families 5 days a week, between the hours of 8:00 am and 4pm. Please contact the FC Counselor by email, brittany.galanti@catapultlearning.com, or by phone, 267-225-0536.

What will my first individual appointment be like?

An initial intake appointment helps you learn about the services provided by the FC Program and how the FC Counselor could help your family reach desired goals. Intake appointments last approximately 30 to 45 minutes and allow the FC counselor to assess your family's concerns. This is simply done through an open conversation about your concerns and goals.

Are counseling services kept confidential?

Your trust is important. In the FC Program, all services and information shared during sessions stays within the session. What is said here, stays here, with the following exceptions;

- 1) harm to self or others,
- 2) abuse or neglect, or
- 3) court or other legal proceedings.

The school will only be informed that your family is receiving services, and what those services are. A brief summary regarding your family's progress may be provided to the school unless you request in writing that the FC Counselor does not do so.

Can you provide a few specific examples of the types of services the FC Program provides?

Education: individual, small, or large group sessions on how to, for example; parent a high spirited child, or how to help your child study, or how to budget more successfully, etc...

Counseling: short-term, 6 to 8 sessions, of individual, small group or family sessions with referral to another counselor for concerns requiring further attention. Sample topics include, but are not limited to; parenting issues, grief and loss, support for grandparents raising children, etc...

Consultation: individual or small group meetings to provide information and strategies on how to deal with specific issues, for example; a difficult behavior, the developmental stage of "pre-teens", or a specific strategy to use for final exam preparation in math, etc...

Supportive Services: individual meetings to provide case management and assistance with gaining resources to benefit the family.